

**University of Connecticut, College of Agriculture, Health and Natural Resources
Plan of Study for Minor in Nutrition for Exercise and Sport**

Name of Student: _____ Major: _____

Student ID: _____ Month & Year of Anticipated Graduation: _____

Cell Phone Number: _____ Email Address: _____@uconn.edu

CATALOG STATEMENT: This minor is offered by the Department of Nutritional Sciences in cooperation with the Departments of Allied Health Sciences and Kinesiology. Students interested in earning the minor will need to complete prerequisite coursework for required courses. These include NUSC 1165, PNB 2264, PNB 2265, and MCB 2000. All students are required to complete a minimum of 18 credits for the minor.

REQUIREMENTS:

Students must complete all of the following courses:

		Credits	Semester/Year	Grade
KINS 4500	Exercise Physiology	3	_____	_____
KINS 4510	Advanced Topics in Health & Sport Performance	3	_____	_____
NUSC 4236	Nutritional Biochemistry and Metabolism	4	_____	_____
NUSC 4250	Nutrition for Exercise and Sport	3	_____	_____

Students must complete two or more of the following courses:

AH 3101	Health and Wellness for Life	3	_____	_____
AH 3231	Program Planning for Health Promotion	3	_____	_____
AH 3234	Fitness for Health	3	_____	_____
KINS 3098	Variable Topics	1-6	_____	_____
KINS 3099	Independent Study	1-6	_____	_____
KINS 3320	Exercise Psychology	3	_____	_____
KINS 3530	Aerobic Training for Health and Performance	3	_____	_____
KINS 3545	Resistance Training for Health and Performance	3	_____	_____
NUSC 4260	Dietary Supplements and Functional Foods	3	_____	_____
NUSC 4236	Nutritional Biochemistry and Metabolism	4	_____	_____
NUSC 4250	Nutrition for Exercise and Sport	3	_____	_____
NUSC 4299	Independent Study	1-3	_____	_____

- Students must earn a grade of "C" (2.0) or higher in each individual course listed above.
- Students must earn a combined grade point average of 2.5 or higher for all courses listed above.
- Students must complete all requirements for a baccalaureate degree. Once the minor has been declared, it will appear on the student's transcript.

MINOR ADVISOR: For more information on the minor, approval signature to declare the minor, or approval signature on the final Plan of Study for the minor, please contact Dr. Rhonda Brownbill at Rhonda.brownbill@uconn.edu.

DECLARATION PROCEDURES: It is strongly encouraged that students meet with the minor advisor before declaring the minor. Students may declare the minor by either 1) submitting this form to CAHNR Academic Programs (Young 206), or 2) online at ppc.uconn.edu. The semester before graduation, students may submit their minor final plan of study online or by submitting this form to the Registrar. Students can also add a minor electronically by visiting ppc.uconn.edu

FINAL PLAN PROCEDURES: Students who plan to graduate with a minor in Nutrition for Exercise and Sport must complete the requirements as outlined above and submit a copy of this form to the Registrar along with their final Plan of Study for their major or submit a final plan of study through [Student Admin](#).

APPROVAL: Please check the appropriate box/es below:

- Declaration: Student has discussed minor requirements with minor advisor.
- Final Plan: Student has met with advisor and confirmed that all requirements for this minor have been completed, or will be completed, in order to be eligible for a minor in Nutrition for Exercise and Sport upon graduation.

Student Signature

Date

Minor Advisor Signature

Date