

## 4 + 1 COORDINATED DIETETICS PROGRAM *SAMPLE SEQUENCE OF COURSES*

### Dietetics 4 + 1 Fast Track Coordinated Program

Entry into the field of dietetics is at Master's entry beginning in 2024. The **Dietetics 4 + 1 Fast Track Coordinated Program** provides students with all of the didactic program coursework and supervised practice required by the Accreditation Council of Education in Nutrition and Dietetics (ACEND) and a MS degree in Health Promotion Sciences. By completing the program outlined below, students can sit for the national dietetics registration examination and become a registered dietitian nutritionist in 5 years.

For entry into the upper division professional program students must complete the prerequisite coursework by the beginning of fall semester of your junior year

- o General Chemistry (CHEM 1127Q & CHEM 1128Q - or - CHEM 1124Q & CHEM 1125Q)
- o Organic Chemistry (CHEM 2241 - or - CHEM 2443 & CHEM 2444)
- o Biochemistry (MCB 2000)
- o Principles of Biology (BIO 1107)
- o Statistics (STAT 1000Q - or - STAT 1100Q)
- o Fundamentals of Nutrition (NUSC 1165)
- o Food, Culture, and Society (NUSC 1167)
- o Human Physiology and Anatomy (PNB 2264 & PNB 2265)
- o One course in Psychology or Sociology
- o Nutrition and Human Development (NUSC 2200)

Some flexibility with pre-requisite courses is available. Please contact Ellen Shanley, Dietetics Director at [ellen.shanley@uconn.edu](mailto:ellen.shanley@uconn.edu) with questions.

Additionally, students should meet the following criteria:

- Minimum cumulative GPA of 3.0 or higher is considered competitive
- Clarity of written communication
- Quality of References
- Completed all general education requirements
- Completed one W course and one E course

In addition to these prerequisites, specific graduation requirements for all University students may be found in the University's catalog.

Application to the program is in January of the sophomore year. Following is the course sequencing in the program:

## 4 + 1 COORDINATED DIETETICS PROGRAM (DIET) SAMPLE SEQUENCE OF COURSES

UConn Graduation Requirements—Are found at [catalog.uconn.edu](http://catalog.uconn.edu) these include major and general education requirements (Content Areas: 1, 2, 3, and 4, Writing, Quantitative, \*\*Foreign Language and Environmental Literacy)

Students normally average 15 credits per semester over a 4-year period (fall/spring only) to meet the 120 academic credits required.

### FIRST YEAR

#### **FALL**

CHEM 1124Q or 1127Q General Chemistry I*	4
BIOL 1107 General Biology I	4
NUSC 1165 Fundamentals of Nutrition	3
SOCI 1001 (or 1251) Intro to Sociology**	3
INTD 1800 FYE (recommended)	1

Total credits: 15

#### **SPRING**

CHEM 1125Q or 1128Q General Chemistry II*	4
CHEM 2241 Organic Chemistry I	3
ENGL 1007 Sem. Studio in Writing	4
GEN ED (CA 1, 2, 4, or E)	3
GEN ED (CA 1, 2, 4, or E)	3

Total credits: 16

### SECOND YEAR

#### **FALL**

NUSC 2200 Nutrition & Human Develop.	3
PNB 2264 Anatomy & Physiology I	4
STAT 1000Q or 1100Q Statistics	4
GEN ED (CA 1, 2, 4, or E)	3
GEN ED (CA 1, 2, 4, or E)	3

Total credits: 17

#### **SPRING**

MCB 2000 Biochemistry	4
PNB 2265 Anatomy & Physiology II	4
NUSC 1167 Food, Culture & Society	3
GEN ED (CA 1, 2, 4, or E)	3

Total credits: 14

### THIRD YEAR

#### **FALL**

DIET/NUSC 3150 Medical Nutr. Therapy I	3
NUSC 3233 Food Composition/Prep.	3
NUSC 3234 Food Composition/Prep. Lab	1
MCB 2610 Microbiology	4
AH 4244 Management	3
Undergrad Health related elective*	3

Total credits: 17

#### **SPRING**

DIET 3250 Med. Nutrition Therapy II	3
DIET 3230 Community Nutrition	3
DIET 3272 Food Service Systems I	2
AH 4242 Counseling /Teaching	3
DIET 3235 Comm Nutrition Practicum I	1
DIET 3215 Food Service Practicum I	1
DIET 3231W Writing for Community Nutrition Research	2

Total credits: 15

### FOURTH YEAR

#### **FALL**

DIET 3155 Clinical Dietetics Practicum I	1
AH 5351 Contemp. Nutr. Iss. & Research	3
DIET 4272 Food Service Systems II	2
AH 4241 Research for Health Profess	2
AH 6305 Program Planning and Eval for Health Professionals	3
DIET 4350 MNT 3	3

Total credits: 14 (6 Grad)

#### **SPRING**

DIET 3255 Clinical Diet. Practicum II	1
DIET 4415 Food Service Practicum II	3
DIET 4370 Applied Adv. Nutrition	3
DIET 3296 Applied Research for Dietetic Professionals	1
AH 5005 Biostats. for Health Prof.	3
OR HDF5 5005 Qua. Research Methods	
AH 5319 Health Ed. & Behavioral Interventions for At-Risk Populations	3

Total credits: 14 (6 Grad)

### BS in Dietetics

122 Credits (110 Undergraduate + 12 Graduate)

## **GRADUATE SCHOOL**

### **FALL**

AH 6324 Critical Issues	3
DIET 4335 Clinical Nutr. in Acute Care	1
DIET 4315 Food Service in Healthcare	1
AH 5335 Community Nutr. Programming & Evaluation Practicum	2
Graduate Elective	3
AH 5314 Prof. Development Project	3

*Total credits: 13 (11 Grad)*

### **SPRING**

DIET 4435 Community Nutr. Prac. II	3
DIET 4470 Seminar in Dietetics	2
DIET 4455 Clinical Diet. Practicum III	4
AH 5317 Prof. Development Practicum	5

*Total credits: 14 (5 Grad)*

\*Health related undergraduate course as approved by advisor

\*\*This General Education Requirement may also meet a major requirement.

DIET 4991 Externship Summer Immediately following graduation (4 credits/non-degree student)

W course requirements: Students are required to take 2 "W" skill coded courses. AH 3231W satisfies the "W" in the major. Students should take the second "W" as a general education elective.

Environmental Literacy: Students may complete the Environmental Literacy (E) requirement as either a GER, Elective, AH major or Related cognate.

### Graduate electives

AH 5700 Ethical Considerations in Genetics  
ANTH 5376 Ethnomedicine  
ANTH 5377 Global Health & Anthropology  
COMM 5120 Communication Campaigns  
COMM 5770 Health Communications  
HDFS 5095 Health/Wellness Intervention Design/Eval  
HDFS 5255 Living with Chronic Disease  
PSYCH 5120 Health Psychology

Students can elect to enroll in *Summer/Winter sessions*. Course options can be found at [summerwinter.uconn.edu](http://summerwinter.uconn.edu).

Students interested in [Education Abroad](#) should discuss options (semester, winter or summer) with major advisor.

*Your academic advisor will work with you every semester to help determine the best sequence of courses specific to your career goals.*