

NUTRITIONAL SCIENCES NUTRITION, HEALTH AND DISEASE PREVENTION *SAMPLE SEQUENCE OF COURSES*

UConn Graduation Requirements—Are found at catalog.uconn.edu these include major and general education requirements (Content Areas: 1, 2, 3, and 4, Writing, Quantitative, Foreign Language and Environmental Literacy)

Students normally average 15 credits per semester over a 4-year period (fall/spring only) to meet the 120 academic credits required.

FIRST YEAR

FALL

CHEM 1124Q Fund of Chemistry I	4
ENGL 1007 Seminar in Writing	4
NUSC 1165 Fund of Nutrition	3
GEN ED	3
UNIV 1810 (FYE)	1

Total credits: 15

SPRING

CHEM 1125Q Fund of Chemistry II	3
NUSC 1167 Food, Culture, Society*	3
STAT 1100Q Elementary Statistics	4
GEN ED	3
ELECTIVE	3

Total credits: 16

SUMMER SESSION

ELECTIVE/Foreign Language** 3 or 4

SECOND YEAR

FALL

CHEM 2241 Organic Chemistry	3
NUSC 2200 Nutr & Human Develop	3
GEN ED	3
GEN ED	3
W COURSE	3

Total credits: 15

SPRING

NUSC 1645 Science of Food	3
BIOL 1107 Prin of Biology I	4
GEN ED	3
GEN ED	3
ELECTIVE	3

Total credits: 16

THIRD YEAR

FALL

PNB 2264 Human Anat & Phys I	4
NUSC 3233 Food Comp & Prep	3
NUSC 3234 Food Comp & Prep Lab	1
ELECTIVE	3
ELECTIVE	3

Total credits: 14

SPRING

PNB 2265 Human Anat & Phys II	4
NUSC 3230 Community Nutrition	3
NUSC 3271 Food Serv Systems Lab	2
NUSC 3272 Food Serv Systems	2
MCB 2000 Intro to Biochemistry	4

Total credits: 15

FOURTH YEAR

FALL

NUSC 4250 Nutr for Exercise & Sport	3
NUSC 4272 Food Service Systems II	2
NUSC 4260 Dietary Supp and Functional Foods	3
ELECTIVE	3
ELECTIVE	3-4

Total credits: 14-15

SPRING

NUSC 4236 Nutritional Biochemistry and Metabolism	4
NUSC 4237W Writing in Nutr Sci	1
ELECTIVE	3
ELECTIVE	3
ELECTIVE	3

Total credits: 14

* This General Education Requirement may also meet a major requirement.

** Required if student has not met the University requirement of three years of a single foreign language in high school. Students can elect to enroll in *Summer/Winter courses* if recommended by advisor. Course options can be found at summerwinter.uconn.edu.

Students interested in [Education Abroad](#) should discuss options (semester, winter or summer) with major advisor.