

**University of Connecticut, College of Agriculture, Health and Natural Resources
Plan of Study for Minor in Nutrition for Exercise and Sport**

Name of Student: _____ Major: _____

Student ID: _____ Month & Year of Anticipated Graduation: _____

Cell Phone Number: _____ Email Address: _____@uconn.edu

CATALOG STATEMENT: This minor has been established in cooperation with the Departments of Kinesiology and Department of Allied Health Sciences. Students interested in earning the minor will need to complete prerequisite coursework for required courses. These include NUSC 1165, PNB 2264, PNB 2265, and MCB 2000.

REQUIREMENTS:

Students must complete all of the following courses:

| | | Credits | Semester/Year | Grade |
|-----------|--|----------------|----------------------|--------------|
| KINS 4500 | Physiological Systems in Human Performance | 3 | _____ | _____ |
| KINS 4510 | Mechanisms and Adaptations in Sport and Exercise | 3 | _____ | _____ |
| NUSC 4236 | Principles of Nutrition | 4 | _____ | _____ |
| NUSC 4250 | Nutrition for Exercise and Sport | 3 | _____ | _____ |

Students must complete two or more of the following courses:

| | | | | |
|-----------|--|-----|-------|-------|
| AH 3231 | Program Planning for Health Promotion | 3 | _____ | _____ |
| AH 3234 | Fitness for Health | 3 | _____ | _____ |
| KINS 3099 | Independent Study | 1-3 | _____ | _____ |
| KINS 3530 | Physiological Assessment of Competitive Athletes | 3 | _____ | _____ |
| NUSC 2241 | Nutritional Assessment | 1 | _____ | _____ |
| NUSC 4299 | Independent Study | 1-3 | _____ | _____ |

- Students must earn a grade of "C" (2.0) or higher in each individual course listed above.
- Students must earn a combined grade point average of 2.5 or higher for all courses listed above.
- Students must complete all requirements for a baccalaureate degree. Once the minor has been declared, it will appear on the student's transcript.

MINOR ADVISOR: For more information on the minor, approval signature to declare the minor, or approval signature on the final Plan of Study for the minor, please contact Dr. Nancy Rodriguez at nancy.rodriguez@uconn.edu or 860-486-3633.

DECLARATION PROCEDURES: It is strongly encouraged that students meet with the minor advisor before declaring the minor. Students may declare the minor by either 1) submitting this form to CAHNR Academic Programs (Young 206), or 2) online at ppc.uconn.edu. The semester before graduation, students may submit their minor final plan of study online or by submitting this form to the Registrar. Students can also add a minor electronically by visiting ppc.uconn.edu

FINAL PLAN PROCEDURES: Students who plan to graduate with a minor in Nutrition for Exercise and Sport must complete the requirements as outlined above and submit a copy of this form to the Registrar along with their final Plan of Study for their major or submit a final plan of study through [Student Admin](#).

APPROVAL: Please check the appropriate box/es below:

- Declaration: Student has discussed minor requirements with minor advisor.
- Final Plan: Student has met with advisor and confirmed that all requirements for this minor have been completed, or will be completed, in order to be eligible for a minor in Nutrition for Exercise and Sport upon graduation.

Student Signature

Date

Minor Advisor Signature

Date